Quality Quick Tips



HEALTH PLAN

RESPIRATORY CONDITIONS

The National Committee for Quality Assurance (NCQA) has developed many HEDIS[®] standards around respiratory conditions including asthma, upper respiratory infections, COPD, pharyngitis and bronchitis. Respiratory illnesses are most common during the fall and winter months. Some of these respiratory illnesses are viral while others are bacterial. Your testing and treatment of these illnesses is vital for appropriate care. McLaren Health Plan (MHP) realizes that your focus is to always provide high quality health care. To assist in your understanding of the quality measures surrounding certain respiratory illnesses, see the key respiratory HEDIS measures below.

Asthma Medication Ratio (Patients 5-64 years of age)

Expectation: Ensure patients with persistent asthma have a ratio of controller medications to total asthma medications of 50% or greater during the year

Appropriate Treatment for Upper Respiratory Infection (URI) (Children or adult ages 3 months and older)

Expectation: Members with a diagnosis of URI (only) are NOT dispensed an antibiotic

Appropriate Testing for Pharyngitis (Children or adult ages 3 years and older)

Expectation: Members with a diagnosis of pharyngitis (only) who were

dispensed an antibiotic received a strep test for the episode of care

Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis (Children or adult ages 3 months and older)

Expectation: Members with a diagnosis of acute bronchitis (only) are **NOT** dispensed an antibiotic

Educate patients on comfort measures such as acetaminophen for fever, rest and extra fluids. Explain that antibiotics are not necessary for a viral infection. Ensure patients with asthma are being compliant with their medications throughout the year. Make sure co-morbid diagnosis codes are billed when appropriate.

More detail can be found in our MHP Provider HEDIS Manual. If you have questions or would like more information, please email us at <u>MHPOutreach@mclaren.org</u>.

Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members. Call 800-784-8669 for more information.

Thank you for the quality care you deliver!

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PCP Name/Office Name	
Name	Phone
Email	

tel 888-327-0671 • fax 833-540-8648 McLarenHealthPlan.org